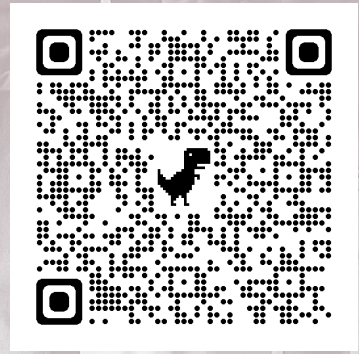


YOUTH MENTAL HEALTH FIRST AID TRAINING

For parents, guardians, and the KenTon school district community!



SCAN CODE TO REGISTER!

<https://1-22ymhfa.eventbrite.com>

Saturday, January 22nd, 2022
9:00am-1:30pm VIRTUAL (Zoom)
2 hour pre-work **required** prior to training
3 year certificate upon completion!

Join us for a virtual Youth Mental Health First Aid Training that will teach you how to identify, understand, and respond to signs of mental illness and substance use disorders in youth. This live online training gives adults who engage with youth the skills they need to reach out and provide initial support to youth ages 6-18 years old, who may be developing a mental health or substance use problem and help connect them to the appropriate care.

WHAT IT COVERS:

- Common signs and symptoms of mental illnesses in this age group
- Common signs and symptoms of substance use
- How to interact with a child or adolescent in crisis
- How to connect the person with help
- Expanded content on trauma, addiction, and self-care and the impact of social media and bullying



\$170 VALUE! NO COST TO YOU!!

This training is provided by Compeer Buffalo in partnership with our school-based mentoring program with Kenmore-Town of Tonawanda Schools

Compeer[®]

Mental Wellness Starts With Friendship

For any questions please contact:
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